



NOTE ALL DRIVERS MUST BE AWARE OF AND COMPLY WITH ALL REGULATIONS GOVERNING THEIR CONDUCT. PLEASE READ ALL PARAGRAPHS BELOW AND SIGN BELOW TO INDICATE YOU HAVE READ AND UNDERSTAND THE CONTENT.

_____ I have read over and completely understand the company rules and regulations supplied to me by Jakait Express Inc. I will follow each rule and/or regulation as prescribed. I understand that any deviation from the company rules without permission from management can and may result in my termination or contract cancellation.

_____ I have received instructions in the proper completion of my daily log book and understand both Canadian and US hours of service regulations. I am aware that I must arrange my work schedule to comply with these regulations.

_____ I have been instructed in the trip inspection requirements.

_____ I have been instructed on the company maintenance policy.

_____ I have been instructed in the proper operation of refrigeration equipment.

_____ I have been instructed in the proper reporting of accidents and claims.

_____ I have been instructed on proper load securement procedures.

_____ I have been instructed on reporting all DOT inspections and fines.

_____ I have been instructed in both US and Canadian weight regulations.

_____ I have been instructed in the US and Canadian customs procedures inclusive of all CTPAT, FAST, CSA and PIP rules and regulations.

_____ JOHN MACDONALD, STEVE KOVACHIK and KEITH PICKARD are the Jakait Express designated Drug and Alcohol supervisors.

DRIVER _____

DATE _____